

as many as  
**2 out  
of 4**  
women\*  
may suffer  
from symptoms  
of menopause<sup>1,2,3</sup>

**But they don't have to.**

\*postmenopausal

MonaLisa Touch™



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SOURCES <sup>1</sup>US Census, 2010 <sup>2</sup>The North American Menopause Society. Management of symptomatic vulvovaginal atrophy: 2013 position statement of The North American Menopause Society. *Menopause*. 2013;20(9):888-902 <sup>3</sup>Gass ML, Cochrane BB, Larson JC, et al. Patterns and predictors of sexual health activity among women in the hormone therapy trials of the Women's Health Initiative. *Menopause*. 2011;18(11):1160-1171  
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921-0638-000 Rev 2

Vaginal Health

It's OK to  
talk about **it.**™



MonaLisa Touch™

# MonaLisa Touch: an innovative treatment for vaginal health.

Now there's something you can do about it that really works.

When estrogen levels decline after menopause, many changes occur. Millions of women experience unpleasant symptoms that interfere with their personal lives as a consequence. Many women suffer silently, and those who seek treatment find their options limited.

**Now there's a better way.**  
**Ask your doctor if MonaLisa Touch is right for you.**

MonaLisa Touch™

MonaLisa Touch: fast, simple and safe

**MonaLisa Touch laser treatment is a simple procedure that takes less than 5 minutes.**

It delivers both immediate and lasting relief. And it's clinically proven to work.

- In-office, no anesthesia
- Minimal side effects
- No downtime
- Symptom relief after just one treatment
- Thousands of women successfully treated since 2008

A new procedure that patients have called "life-changing"

MonaLisa Touch delivers gentle laser energy to the vaginal wall that stimulates a healing response and enhanced moisture levels in the vaginal canal. A typical course of treatment is three procedures over 18 weeks.

Many women report symptom relief after the very first treatment and even greater improvement after treatments 2 and 3.



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## Q & A

### Q: What happens during treatment?

**A:** The procedure will seem similar to your annual exam, and will likely be even quicker. Your healthcare provider will insert the laser into your vagina and deliver laser energy "pulses." The total procedure time is less than 5 minutes.



### Q: Does it hurt?

**A:** The laser energy itself is virtually painless. Some patients report mild discomfort with the laser tip insertion during the first procedure due to vaginal dryness.

### Q: How soon can I expect results?

**A:** Many patients have reported that they experience relief right away. Virtually all patients have experienced relief by the second treatment, or week 6.

### Q: How long does treatment last?

**A:** MonaLisa Touch provides lasting results. A once-a-year single treatment is recommended to maintain symptom relief.\* This can be done quickly and conveniently during your annual checkup.

MonaLisa Touch helps restore vaginal health.  
That's something to talk about.

\* Your doctor will determine with you if follow up treatments are required.